



SLP Pre Conference Main Track Agenda

Thursday, October 19, 2023

Directors: Leah B. Helou, PhD, CCC-SLP and Elizabeth DiRenzo, PhD, CCC-SLP

The Fall Voice SLP Pre-Conference Regular Track is intended for SLPs with more than five years of experience treating voice and upper airway disorders. The theme for this year's conference is "Level Up Your Clinical Practice" and the lectures will address some of the more complex and complicated aspects of patient care. Participants will leave this pre-conference with clinically applicable techniques and supporting documents to apply immediately in their clinical practice.

7:00-8:00 AM	Registration & Continental Breakfast
8:00-8:05 AM	Opening Remarks
8:05-10:00 AM	<p>Navigating Trauma at the highest level of care Gwen Merrick (she/her), RP, Reg. CASLPO; Allison Reynolds (she/her), LCSW-R, LCAT, MT-BC; Wynde Vastine (they/them), MA, CCC-SLP <i>Objectives:</i></p> <ul style="list-style-type: none"> • Objective #1: Describe what trauma is and how it can show up in the voice clinic • Objective #2: Explain why addressing trauma in ourselves is a crucial part of addressing trauma in the voice session • Objective #3: Name 3 biological reactions to trauma • Objective #4: Describe the role of deep breathing to help a client ground, relax and/or energize when working with trauma. • Objective #5: Identify three ways a clinic can set boundaries when working with trauma and the voice.
8:05-8:35 AM	Defining Trauma and creating a safe space
8:36-8:50 AM	Key elements of Trauma-informed practice
8:51-9:30 AM	What Trauma conversations can activate in our clients and in us
9:31-10:00 AM	Setting and holding boundaries
10:00-10:30 AM	BREAK
10:30-11:30 AM	<p>Show me the data – How do we come to know and measure our own clinical effectiveness? Amanda Gillespie (she/her), PhD, CCC-SLP; Douglas Roth (he/him), MM, MA, CCC-SLP; Susan Thibeault (she/her), PhD, CCC-SLP <i>Objectives:</i></p> <ul style="list-style-type: none"> • Objective #1: learners will identify clinical outcome measures • Objective #2: learners will identify reasons for clinical outcome measures
10:30-11:00 AM	Quantifying your own clinical effectiveness: The pitch
11:01-11:30 AM	Quantifying your own clinical effectiveness: The practice
11:31-1:00 PM	LUNCH on your own
1:00-3:00 PM	<p>Caring for patients with common complexities</p>
1:00-1:40 PM	<p>Caring for patients with functional gastrointestinal disorders – Nathaniel Sundholm (he/him), MS, CCC-SLP and Anand Jain (he/him), MD <i>Objectives:</i></p> <ul style="list-style-type: none"> • Objective #1: Participants will be able to explain the physiology of obstructive sleep apnea • Objective #2: Participants will be able to demonstrate or list two treatments for OSA
1:41-2:20 PM	Caring for patients with chronic pain and fatigue – Claire Ligon (she/her), MEd, CCC-SLP
2:21-3:00 PM	Caring for patients with obstructive sleep apnea – Ann Kearney (she/her), CScD, CCC-SLP, BCS-S
3:01-3:30 PM	BREAK

3:30-4:55 PM	Skills on display: A live-action voice therapy challenge Edie Hapner (she/her), PhD, CCC-SLP; Ruchi Kapila (they/she), MS, CCC-SLP; Brian Petty (he/him), MA, CCC-SLP; Melanie Tapson (she/her), MSc, Reg. CASLPO <i>Objectives:</i> <ul style="list-style-type: none"> • <i>Objective #1: Discuss how similar therapy techniques are administered differently between clinicians</i> • <i>Objective #2: Discuss the effect of expertise on how therapy techniques are presented and explained</i> • <i>Objective #3: Utilize various methods for establishing a therapeutic alliance with a new patient</i>
3:30-4:00 PM	Introduction and Patient 1
4:01-4:20 PM	Patient 2
4:21-4:55 PM	Patient 3
4:55-5:00 PM	Closing Remarks
5:00-6:00 PM	Reception



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